

# PSHE/RSHE Curriculum – 2 Year Cycle - Years 1/2



Teaching Sequence for Milestone 1							
Year Group	Cycle	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1/2	<b>A</b>	<b>Unit:</b>  <b>Being Me in My World</b>	<b>Unit:</b>  <b>Celebrating Difference</b>	<b>Unit:</b>  <b>Dreams &amp; Goals</b>	<b>Unit:</b>  <b>Healthy Me</b>	<b>Unit:</b>  <b>Relationships</b>	<b>Unit:</b>  <b>Changing Me</b>
	<b>B</b>	<b>Unit:</b>  <b>Being Me in My World</b>	<b>Unit:</b>  <b>Celebrating Difference</b>	<b>Unit:</b>  <b>Dreams &amp; Goals</b>	<b>Unit:</b>  <b>Healthy Me</b>	<b>Unit:</b>  <b>Relationships</b>	<b>Unit:</b>  <b>Changing Me</b>

# PSHE/RSHE Curriculum – 2 Year Cycle - Years 1/2



Years 1/2 Teaching Sequence for PSHE/RSHE (Milestone 1) CYCLE A			
	AUTUMN	SPRING	SUMMER
1	Special & Safe (Y1)	My Treasure Chest of Success (Y1)	Families (Y1)
2	My Class (Y1)	My Learning Strengths (Y2)	Making Friends (Y1)
3	Rights & Responsibilities (Y1)	Learning With Others (Y2)	Greetings (Y1)
4	Rewards & Feeling Proud (Y1)	Achieving Together: Dream Wellies (Y1)	Secrets (Y2)
5	Consequences (Y1)	Stretchy Learning: Stretchy Flowers (Y1)	Trust & Appreciation (Y2)
6	Owning our Learning Charter (Y1) POP Task	Celebrating My Success (Y1) POP Task	Celebrating My Special Relationships (Y2) POP Task
7	The Same As... (Y1)	Being Healthy (Y1)	Life Cycles (Y1)
8	Different From... (Y1)	Healthy Choices (Y1)	Changing Me (Y1)
9	What is Bullying? (Y1)	Clean & Healthy (Y1)	My Changing Body (Y1)
10	What Do I Do About Bullying? (Y1)	Healthy Eating (Y2)	Boys' & Girls' Bodies (Y2)
11	Making New Friends (Y1)	Healthy Eating (Y2)	Assertiveness (Y2)
12	Celebrating Difference (Y1) POP Task	Happy Healthy Me! (Y2) POP Task	Looking Ahead (Y2) POP Task
** Each unit must have one piece of written work in books**			

# PSHE/RSHE Curriculum – 2 Year Cycle - Years 1/2



Years 1/2 Teaching Sequence for PSHE/RSHE (Milestone 1) CYCLE B			
	AUTUMN	SPRING	SUMMER
1	Hope & Fears for the Year (Y2)	Goals To Success (Y2)	Families (Y2)
2	Rights & Responsibilities (Y2)	Steps To Goals (Y1)	Keeping Safe – Exploring Physical Contact (Y2)
3	Rewards & Consequences (Y2)	Overcoming Obstacles (Y1)	Friends & Conflict (Y2)
4	Rewards & Consequences (Y2)	Group Challenge: Dream Birds (Y2)	People Who Help Us (Y1)
5	Our Learning Charter (Y2)	Continuing Group Challenge (Y2)	Being My Own Best Friend (Y1)
6	Owning our Learning Charter (Y2) POP Task	Celebrating Our Achievements (Y2) POP Task	Celebrating My Special Relationships (Y1) POP Task
7	Boys & Girls (Y2)	Being Healthy (Y2)	Life Cycles in Nature (Y2)
8	Boys & Girls (Y2)	Being Relaxed (Y2)	Growing From Young to Old (Y2)
9	Why Does Bullying Happen? (Y2)	Medicine Safety (Y1)	The Changing Me (Y2)
10	Standing Up for Myself & Others (Y2)	Medicine Safety (Y2)	Boys' & Girls' Bodies (Y1)
11	Gender Diversity (Y2)	Road Safety (Y1)	Learning & Growing (Y1)
12	Celebrating Difference & Still Being Friends (Y2) POP Task	Happy Healthy Me! (Y1) POP Task	Coping With Changes (Y1) POP Task
** Each unit must have at least one piece of written work in books**			